

Take Off

IN YOUR

LIFE AND BUSINESS

with Rebecca Sophia



90 Day Life and Business Plan for

(Your Name) _____

1) What are your Top 5 Desires / Intentions for the next 90 days? And what do these desires / intentions cost?

1.

Cost \$ _____

2.

Cost \$ _____

3.

Cost \$ _____

4.

Cost \$ _____

5.

Cost \$ _____

4) What steps do you need to take each month (each 30 days) to achieve your Desires / Intentions?

Month 1 (30 days) _____

Money I need to bring in for this 30 days: \$_____

Step 1.

Step 2.

Step 3.

Month 2 (30 days) _____

Money I need to bring in for this 30 days: \$_____

Step 1.

Step 2.

Step 3.

Month 3 (30 days) _____

Money I need to bring in for this 30 days: \$_____

Step 1.

Step 2.

Step 3.